

Not So Basic Training



DiSC[®] – Understanding Your Style

It seems every team has that one person everybody finds a little exhausting: too blunt, too chatty, too slow to answer a simple question. Too whatever.

And the part that stings? To somebody on your team, **that person might be you.**

Working with others can be tough. Really tough. This session is built to make it a little less tough.

Participants take a DiSC[®] profile ahead of time so we can spend our time on the four main styles and how to spot them in others. That's the part that actually changes how somebody shows up Monday morning. The coworker who's driven them up a wall for two years finally starts to make a weird kind of sense.

Fair warning: people love this one. You'll catch them tossing the styles around in the hallway for months, and that's kind of the point. It hands them words for something they've felt their whole working lives but could never explain.

What you'll walk out with:

- The four main DiSC[®] styles, and how to recognize each one in others
- Understand strengths and challenges of each style
- How to adjust without turning into some fake version of yourself
- How to better communicate by using different methods based on differing behavioral styles
- A healthy understanding that we are all very different and that is OK!

Good for: honestly, anyone who has to work with other people to get anything done. Teams stuck having the same argument on a loop. New managers trying to lead folks who are nothing like them. Anybody whose real job is reading the room.

Contact us for a solution that fits YOUR needs!

On-Site or Virtual Options:

- 3 Hour Training Session
- 1 hour Mini Training
- Coaching



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